#### Where are we?

Felixstowe town centre; a short walk away from the railway station or from

'The Palace' cinema.

Buses - 77 & 75 Stop at Eastern Square

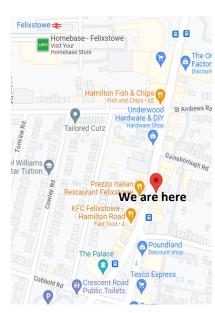
Access is via Private Lane -

Gainsborough Road,

Rear Parking available.

Above:





### How to contact us:



01394 286401 07423670904



122a Hamilton Road Felixstowe IP11 7AB



sonia@recreate-enterprise.co.uk



www.recreate-enterprise.co.uk



Re-Create Freedom is part of Re-Create Social Enterprises. We aim to make a difference to the lives of adults with learning disabilities and autism who may require additional support to transition into adult life through quality consistent breaks.

The three main aims of Re-Create are:







## **Our Purpose**

Re-Create Freedom is our short-planned breaks service which includes overnight stays. This outlet will tailor stays to enable individuals to get as much as possible out of their stay in a safe, fun, supportive and nurturing environment.









Skills

Confidence

Communication

Enriching the formation of holistic lifestyles for active and supportive communities that empower learning disabled and disadvantaged people.

#### **Achievements**

Recreate Freedom aims to ensure our services are effective in that people have fun, and are engaged in purposeful and meaningful tasks. Individual progress and achievements will be tracked via our 1:1 workbook, this will be completed during every stay.







## Why come to us?

The thought of respite care and entrusting your loved one to others overnight can be daunting, but ultimately it is extremely beneficial for parents/carers and the people they support.

Our service is supported by staff that the individual you support already knows (in most cases).



#### **Activities**

A range of leisure learning and community activities will allow for time to be spent alone and/or with others to reset, restore, and cope with the stresses of daily life.







## **Support**

# A Care Support Plan will be completed prior to the stay

1:1 or Shared support available

You may be entitled to funding via

Customer First: 0800800 4005

**Activities Unlimited:** 

01473 260026

